

William D. Meek, Ph.D.

Education

2001-2007: University of Missouri-Kansas City

- **Doctor of Philosophy in Counseling Psychology**
- Received July 2007

2001-2005: University of Missouri-Kansas City

- **Master of Arts in Counseling**
- Received May 2005

1997-2001: Baldwin-Wallace College

- **Bachelor of Science in Psychology**
- Received May 2001

Counseling and Supervision Experience

August 2008 - Present: Staff Psychologist

Washington State University Vancouver

- Duties: Operate as the sole mental health professional on a multidisciplinary team of student service and professionals. Conduct individual and group therapy, supervise doctoral level trainees, perform outreach to the campus community, develop and implement policy, consult with faculty and staff, and provide crisis interventions.

2007-2008: Post-Doctoral Fellow

University of Delaware Center for Counseling and Student Development

- Duties: Conduct individual and group therapy (men's, co-ed), perform outreach activities, serve on CCSD committees (outreach and multicultural), participate in after-hours crisis coverage, and supervise Master's level practicum students. I also developed a specialty in the psychology of men and worked on a deeper incorporation of multicultural knowledge and practice.
- Supervisor: Merris Hollingsworth, PhD, ABPP

2006- 2007: Predoctoral Intern

University of Delaware Center for Counseling and Student Development

- Duties: Conduct individual and group therapy (men's, anxiety, seniors), perform outreach activities, attend bi-weekly training seminars on multicultural and general therapy issues, and supervise Master's level practicum students. The internship is APA accredited.
- Supervisor: Jonathan Lewis, PhD, ABPP

2005- 2006: Psychology Trainee

Kansas City Veteran's Administration Hospital

- Duties: Administer, score, and write reports for psychological assessments. I primarily focused on intelligence, personality, cognitive, and ADHD testing, and also gained experience in assessing for dementia and other cognitive problems.
- Supervisor: Dean Skadeland, PsyD.

2004-2005: Counselor

UMKC University Counseling Center

- Duties: Provide individual and couples counseling to university students and staff, conduct intake sessions, perform outreach activities, observe group counseling sessions, and attend weekly training seminars on multicultural, group, and general therapy issues.
- Supervisors: Heather Noble, PhD; Keisha Love, PhD; Anthony Tatman, M.S.

Fall 2004: Counseling Supervisor

Community Counseling Services

- During this semester I served as a supervisor for three Master's level counselors in training. I provided individual supervision weekly, monitored cases, and co-facilitated group supervision.
- Supervisor: Thomas Palma, PhD

Summer 2004: Career Counselor

UMKC Career Services

- I worked as a career counselor administering tests, conducting resume reviews, aiding in the job search process, and doing general career counseling for students, staff, and community members.
- Supervisors: Weber Ingersoll, PhD; Jeff Traiger, M.A.

2003-2004: Counselor

Kansas City Free Health Clinic

- Duties: Provide individual counseling to community members, conduct intake sessions, and work with collaborative team to manage cases.
- Supervisors: Pat Larson, M.S.; Gloria Fawl, PhD; Yvonne Martinez-Thorne, PhD

2002-2003: Counselor

UMKC Community Counseling Services

- Duties: Provide individual counseling to community members, conduct intake sessions, and attend monthly training seminars.
- Supervisors: Changming Duan, PhD; Elbert Darden, PhD

Teaching Experience

MC 7805: Psychological Testing & Assessment

Wilmington University

- Adjunct Professor: Spring 2008

PSYC 312: Social Psychology

University of Missouri - Kansas City

- Adjunct Professor: Fall 2004, Fall 2005, Winter 2006

PSYC 323: Theories & Methods of Personality

University of Missouri - Kansas City

- Adjunct Professor: Fall 2005, Winter 2006

PSYC 322: Child Psychology

University of Missouri - Kansas City

- Adjunct Professor: Summer 2004

I have additional experience teaching introductory psychology courses online and guest lecturing for a variety of other courses.

Select Outreach, Programs, Projects, & Presentations

Gender Role Conflict and Potency: The Psychology of Men

Clark College, Vancouver, WA, 2009

- This was an invited lecture for students, faculty, staff, and the local community. I presented ideas on potency and masculine psychotherapy.

Sustainable Happiness Change

Washington State University Vancouver, 2008

- This was an invited workshop for student service faculty and staff as part of campus professional development.

Psychologyofmen.org

- This is a website I developed and maintain that presents men's issues in a way that is easily accessible to clients, mental health professionals, and the public. I have written a number of pieces on general men's issues, a variety of multicultural men's issues, and I am planning collaborations with members of Division 51.

Understanding Masculine Psychology in Therapy

University of Delaware, 2008

- I made this presentation to counseling center staff at the University of Delaware. The focus was on gender-role conflict, traditional masculinity in therapy, and the evolutionary psychology of emotions and aggression.

Violence on College Campuses

University of Delaware, 2007

- I conducted this program for UD residents and residential life staff. I presented theories on aggression and violence and made practical suggestions for staff in how to work with and make appropriate referrals for at risk students.

LGBTQ Safe Space Training

University of Delaware, 2007

- I was a co-facilitator for LGBTQ safe space training workshop, which focused on respect and appreciation for diversity on campus, and helped university faculty staff improve their basic listening skills.

Career Choice & Development

University of Delaware, 2007

- This was a presentation on career choice theory and a group Strong Interest Inventory interpretation. I helped students understand Holland's theory of career choice and development, and explained how to use the SII for career development.

Study Skills & Test Taking Best Practices

University of Missouri – Kansas City, 2005

- This presentation was one of several that gave theory and practical information to students on test taking, study skills, and time management. I also led a group interpretation of the Learning and Study Skills Inventory (LASSI).

Assessment Experience

- Intelligence: WAIS-III, WISC-III, WASI, Shipley
- Personality: 16-PF, MMPI-II, MBTI, MCMI-II
- Career: Strong Interest Inventory, Campbell Interest/Skill Inventory, MBTI-Career
- ADHD: Conner's Adult, Attention-Deficit Scales for Adults, CAT-A
- Select Others: RBANS, LASSI, Trails A&B, BDI, BAI, Cognistat, MMSE

Research & Program Evaluation

- *Current Interest & Projects:* I am at the initial stages of developing two research projects that I hope to be an ongoing line of work. The first will examine gender-role conflict and social advantages/disadvantages for men who have high emotional intelligence. The other will work to establish the construct of Potency as the counter-balance of male gender role conflict.
- Meek, W.D. (2007). Pathways to Materialism: Examining Self-Esteem as a Moderator. Unpublished Doctoral Dissertation. University of Missouri – Kansas City.

- Meek, W.D., van Whitlock, R. (2005). Predictors of Well-Being: The Importance of Personality and Spirituality. Poster presented at the American Psychological Association Conference, Washington, DC.
- Russell, E.B., Meek, W.D., van Whitlock, R. (2004). Personality and Positive Affect. Poster presented at the Third International Positive Psychology Summit, Washington, DC.
- Nilsson, J.E., Schmidt, C.S., Meek, W.D. (2002). Reliability generalization: and examination of the career decision-making self-efficacy scale. *Educational and Psychological Measurement*, 62(4), 647-658.
- Nilsson, J.E., Schmidt, C.S., Meek, W.D. (2002). Reliability generalization: and examination of the career decision-making self-efficacy scale. Poster presented at the American Psychological Association Convention, Chicago, IL.
- Kim, J., Meek, W.D, Dent, G. (2002). Evaluation report of the TALENT project: 2001-2002. Program evaluation.
- Meek, W., & Johl, M. P. (2001). Gender and Cultural Sensitivity: Executives and College Freshman. Poster presented at the National Conference in Counseling Psychology, Houston, TX., March.
- Hildenbrand, M., Johl, M. P., Brant, C. R., Meek, W., & Ruszkiewicz S. (2001). Student activities, academic achievement, and future aspirations. Poster presented at the National Conference in Counseling Psychology, Houston, TX, March.
- Brant, C. R., Hoffman, P., Meek, W., Foos, A., Zych, A., & Tampson, B. (2000). How Parents Cope: The Functions of Religion Among Parents. Poster submitted to the Twelfth Annual Meeting of the American Psychological Society, Miami Beach, FL.

Select Past Employment and Activities

2007-Present: About.com Generalized Anxiety Disorder Guide: I review research and write practical articles on generalized anxiety disorder for About.com.

Spring 2006: Doctoral Program Selection Committee Student Representative: I served on the UMKC counseling psychology doctoral program selection committee, reviewing applications and assessing for program fit.

2004-2006: Graduate Research Assistant: I assisted Dr. Nancy Murdock with aspects of research and program administration, including web administration, library research, and manuscript preparation.

2005-2006: Editorial Assistant for APA Division 17 Section on Process and Outcome Research Newsletter: I worked with Dr. Nancy Murdock on publishing a bi-annual newsletter for the section; writing, editing, and publishing content.

2002-2004: Graduate Research Assistant

University of Missouri-Kansas City Department of Psychology

This position assisted Drs. Keith Haddock and Carlos Poston with research, project planning, and grant administration.

Fall 2002: Central Career Counselor

Kansas City Central High School and University of Missouri-Kansas City

Worked with at-risk freshman student at Central High School to increase career decision-making self-efficacy. I led classes on discovering career interests and goal setting, and administered several career interest assessments.

Summer 2002: Rewarding Youth Achievement Counselor / Mentor

University of Missouri-Kansas City

This was a program designed to help Kansas City public high school students learn about opportunities at colleges, and to assist them in exploring interests in science and math. I conducted formal career assessments by administering the Myers-Briggs Type Indicator and Strong Interest Inventory, and also led them through career exploration discussions.

2001-2002: Graduate Research Assistant / Program Assistant

University of Missouri-Kansas City School of Education

This position assisted professors Dr. Nancy Murdock, Dr. Tamera Murdock, Dr. Johanna Nilsson with research, preparing reports for the APA accreditation of the program, and organizing the program candidate interview process.

Fall 1999: USA Study Tour

This was a 14 week semester traveling experience supervised by Dr. David Krueger. The goal was to take the college classroom to 28 states and Mexico to learn about history, art, economics, religion, geography, and socio-cultural and regional issues. The group of selected students met with experts and leaders in diverse fields, hiked in seven national parks, and participated in numerous community service projects.